



32nd Annual St. James Rail Run

Thursday, June 23rd, 2016

Sponsored by:
Anytime Fitness
BKC Construction Inc.
Mayo Clinic Health System - St. James
Fleet & Farm Supply

****You may pick up your Pre-Registration Packets at the St. James Chamber from June 20th through the 23rd from 8:00 am to 4:00 pm**

***Race Day Registration is 5:30—7:00 pm At the Depot Museum
(1/2 Mile Registration must be completed by 6:40 pm)**

*We will not hold the race for late arrivals. Race starts will be called 5 minutes prior.

***NEW Register online at www.zapevent.com**

Awards given to all age group Winners in 1 mile, 4 Mile Runs & 4 mile Walk

*Fun Run Participation ribbons given to all Children. Place Ribbons awarded to age group winners of Fun Run

Water available at the start & mile 2 Gatorade at mile 3
Restrooms and Showers are available at the Campground

1/2 Mile Children's Fun Run

(ages 12 and under) Starts at 7 pm
Children's 1/2 Mile course will be marked

Pre Register By June 17th: \$12 (Includes T-Shirt)
Registration \$15 (Includes T-Shirt)*
\$5 (Race Only/No T- Shirt)

4 Mile Fitness Walk

Starts at 7:30 pm
4 Mile Walk will follow Bike Trail around the lake from Depot Museum and back.

Pre Register By June 17th: \$20(Includes T-Shirt)
Registration \$25(Includes T-Shirt)*

1 Mile Run

Starts at 7:45 pm
1 Mile Run will go 1/2 mile north along the lake and back

Pre Register By June 17th: \$20(Includes T-Shirt)
Registration \$25 (Includes T-Shirt)*

4 Mile Run

Starts at 8 pm
4 Mile Run will follow Bike Trail around the lake from Depot Museum and back

Pre Register By June 17th: \$20(Includes T-Shirt)
Registration \$25(Includes T-Shirt)*

For more information contact St. James Chamber of Commerce: 507-375-3333

Or by email at: director@stjameschamberofcommerce.com

Please remove this portion and return it with your payment no later than Friday June 17th, 2016. **Please print clearly.**

Name: _____ Gender: Male Female

Address: _____ Age: _____

City _____ State: _____ Zip _____

Phone: _____ email: _____

Shirt Size: YOUTH: M L ADULT: S M L XL OTHER

I plan to participate in: Children's 1/2 Mile Fun Run 4 Mile Walk 1 Mile Run 4 Mile Run

Registration after June 17th is \$15/\$25. Return form/payment to: St. James Chamber, 518 1st Av S, St. James, MN 56081

The undersigned participant enters this race at his/her own risk. He/she will not hold the race director or any of the workers at the race, race sponsors, City of St. James, St. James Chamber of Commerce, Watonwan County or the State of Minnesota responsible for any injury or accident which occur during this event. Race will be held rain or shine, however, lightning will cause race cancellation. No refunds will be given.

Participant Signature _____

Parent/Guardian Signature (if participant is under 18) _____

Children Record Holders	6 & Under			
	Christian Evers	Sleepy Eye	3:30	1998
	Lydia Hildebrandt	Jackson	3:41	2003
	7 - 8			
	Christian Evers	Sleepy Eye	2:56	2000
	Jackie Goosen	St. James	3:17	1994
	9 - 10			
	Christian Evers	Sleepy Eye	2:42	2002
	Matthew Kocak	Jackson	2:42	2002
	Ashley Evers	Sleepy Eye	2:53	2005
	11 - 12			
	David Strom	Jackson	2:31	2014
	Ashley Evers	Sleepy Eye	2:43	2007
1 Mile Record Holders	12 & Under			
	Nathan Faith	St. James	5:46	1997
	Nicole Nelson	Sherburn	6:10	1998
	13 - 15			
	Johnathon Surber	St. James	4:52	2010
	Kelsey Stensland	Truman	5:45	2003
	16 - 18			
	Zac Faith	St. James	4:42	2008
	Hanna Thorson	Lake Crystal	5:39	2000
	19 - 29			
	Gabe Arntson	Truman	4:37	2000
	Pamela Lepke	Redwood Falls	5:49	1994
	30 - 39			
	Jeff Streich	Janesville	4:45	1995
	Kris Cross	St. James	5:50	2007
	40 - 49			
	David Peters	New Ulm	5:07	1996
	Tranna Thate	Fairmont	6:32	2000
	50 - 59			
	Dennis Katzer	Fairmont	5:32	2003
	Tranna Thate	Fairmont	7:05	2004
	60 & Over			
	Stew Murfield		6:05	2014
	Lynne Gehrke	Mankato	8:04	2001
4 Mile Record Holders	18 & Under			
	Paul Danger	St. James	20:57	1988
	Sho Kroeger	Lake Crystal	23:07	1994
	19 - 29			
	Lance Mason	Mankato	19:28	1994
	Amber Flores	St. James	25:08	1998
	30 - 39			
	Bill Fields	Mankato	19:40	1992
	Maggie Thordson	Hanska	25:42	1990
	40 - 49			
	Steve Moe	New Ulm	20:15	1994
	Marcy Giles	Eden Prairie	23:30	1994
	50 - 59			
	John Maas	Sleepy Eye	23:20	2011
	Stannetta Svaboda	Fairmont	27:34	2013
	60 & Over			
	Craig Mueller	St. James	27:55	2015
	Lynne Gehrke	Mankato	35:04	2001

St. James Chamber of Commerce
 518 1st Avenue South
 St. James, MN 56081
www.stjameschamberofcommerce.com



**32nd Annual
 St. James Rail Run
 Thursday, June 23rd, 2016**

- 1/2 Mile Children's Fun Run 7:00 pm
- 4 Mile Fitness Walk 7:30 pm
- 1 Mile Run 7:45 pm
- 4 Mile Run 8:00 pm

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